

SUGGESTED TERMINOLOGY FOR OBJECTIVE DATA
(Evaluation Criteria)

ES cognitive deficit will always be supervised, but can still increase distance.

LEVELS OF ASSISTANCE* Functional Skills	
Complete Independence (FIM 7)	All of the task described as making up the activity are typically performed safely, without modification, assistive devices, or aids, and within a reasonable time; no assistance required. Performs activity safely alone and feels secure.
Modified Independence (FIM 6)	One or more of the following may be true: the activity requires an assistive device; the activity takes more than reasonable time, or there are safety (risk) considerations; not manual assistance/helper required.
Supervision or Setup (FIM 5) [Stand-By Assistance]	Patient requires no more help than standby, cueing or coaxing, without physical contact, <u>or</u> , someone is needed to set up needed items or apply orthoses; requires supervision and/or verbal cues to complete activity (may not always be done safely or correctly).
Contact Guarding	A variation of minimal assist where patient requires occasional contact to maintain balance or dynamic stability; requires hand contact because of occasional loss of balance (protective safeguard).
Minimal (Contact) Assistance (FIM 4)	Patient requires small amount of help to accomplish activity; patient requires no more help than touching, and expends 75% or more of the effort. Patient is able to assume all of his body weight, but requires guidance for initiation, balance, and/or stability during the activity.
Moderate Assistance (FIM 3)	Patient requires more help than touching; expends half (50%) or more (up to 75%) of the effort. Patient is able to assume part of his body weight in initiating and performing the activity.
Maximal Assistance (FIM 2)	Patient contributes little or nothing toward execution of activity; patient expends less than 50% of the effort, but at least 25%.
Total Assistance (FIM 1)	Patient lacks the necessary strength or mental capability to perform any part of the activity or performance is impractical; patient expends less than 25% of the effort. Patient is unable to safely initiate and/or perform any part of the activity on his own.

*definitions were partially taken from Guide for the Uniform Data Set for Medical Rehabilitation (Adult Functional Independence Measure (FIM), Version 4.0. Buffalo, NY 14214: State University of New York at Buffalo, 1993.

**See also: O'Sullivan & Schmitz, Physical Rehabilitation: Assessment & Treatment (4th ed.). Philadelphia: FA Davis Company, 2001; Chapter 1, pp. 5-6

Regarding Assistance:

The patient may require more than one person and varying amounts of assistance (for example, max assist of one and min assist of one). Always document the type of activity, number of people required for assistance, and the amount of assistance given by those assisting.