



Late Life FDI: Function component



Co-Authors:

Alan Jette, Ph.D., MPH, PT Stephen Haley, Ph.D., PT

Roybal Center for the Enhancement of Late-Life Function
Sargent College for Health and Rehabilitation Sciences
Boston University

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INSTRUCTIONS FOR FUNCTION QUESTIONS:

In this following section, I will ask you about your ability to do specific activities as part of your daily routines. I am interested in your *sense of your ability* to do it on a typical day. It is not important that you actually do the activity on a daily basis. In fact, I may mention some activities that you don't do at all. You can still answer these questions by assessing how difficult you think they would be for you to do on an average day.

Factors that influence the level of difficulty you have may include: pain, fatigue, fear, weakness, soreness, ailments, health conditions, or disabilities.

I want to know how difficult the activity would be for you to do without the help of someone else, and without the use of a cane, walker or any other assistive walking device (or wheelchair or scooter).

Interviewer personal note:

For the Function items, using fixed support is acceptable (e.g. holding onto furniture, walls), unless otherwise specified in the item.

[Show visual aid to interviewee]

Please choose from these answers:

None

A little

Some

Quite a lot

Cannot do

Let's begin...

Function Questions

How much difficulty do you have....? (Remember this is without the help of someone else and without the use of any assistive walking device.)	None	A little	Some	Quite a lot	Cannot do
F1. Unscrewing the lid off a previously unopened jar without using any devices	5	4	3	2	1
F2. Going up & down a flight of stairs inside, using a handrail	5	4	3	2	1
F3. Putting on and taking off long pants (including managing fasteners)	5	4	3	2	1
F4. Running 1/2 mile or more	5	4	3	2	1
F5. Using common utensils for preparing meals (e.g., can opener, potato peeler, or sharp knife)	5	4	3	2	1
F6. Holding a full glass of water in one hand	5	4	3	2	1
F7. Walking a mile, taking rests as necessary	5	4	3	2	1
F8. Going up & down a flight of stairs outside, without using a handrail	5	4	3	2	1
F9. Running a short distance, such as to catch a bus	5	4	3	2	1
F10. Reaching overhead while standing, as if to pull a light cord	5	4	3	2	1
F11. Sitting down in and standing up from a low, soft couch	5	4	3	2	1
F12. Putting on and taking off a coat or jacket	5	4	3	2	1
F13. Reaching behind your back as if to put a belt through a belt loop	5	4	3	2	1
F14. Stepping up and down from a curb	5	4	3	2	1
F15. Opening a heavy, outside door	5	4	3	2	1
F16. Rip open a package of snack food (e.g. cellophane wrapping on crackers) using only your hands	5	4	3	2	1
F17. Pouring from a large pitcher	5	4	3	2	1
F18. Getting into and out of a car/taxi (sedan)	5	4	3	2	1

Function Questions, continued

How much difficulty do you have....? (Remember this is without the help of someone else and without the use of any assistive walking device.)	None	A little	Some	Quite a lot	Cannot do
F19. Hiking a couple of miles on uneven surfaces, including hills	5	4	3	2	1
F20. Going up and down 3 flights of stairs inside, using a handrail	5	4	3	2	1
F21. Picking up a kitchen chair and moving it, in order to clean	5	4	3	2	1
F22. Using a step stool to reach into a high cabinet	5	4	3	2	1
F23. Making a bed, including spreading and tucking in bed sheets	5	4	3	2	1
F24. Carrying something in both arms while climbing a flight of stairs (e.g. laundry basket)	5	4	3	2	1
F25. Bending over from a standing position to pick up a piece of clothing from the floor	5	4	3	2	1
F26. Walking around one floor of your home, taking into consideration thresholds, doors, furniture, and a variety of floor coverings	5	4	3	2	1
F27. Getting up from the floor (as if you were laying on the ground)	5	4	3	2	1
F28. Washing dishes, pots, and utensils by hand while standing at sink	5	4	3	2	1
F29. Walking several blocks	5	4	3	2	1
F30. Taking a 1 mile, brisk walk without stopping to rest	5	4	3	2	1
F31. Stepping on and off a bus	5	4	3	2	1
F32. Walking on a slippery surface outdoors	5	4	3	2	1

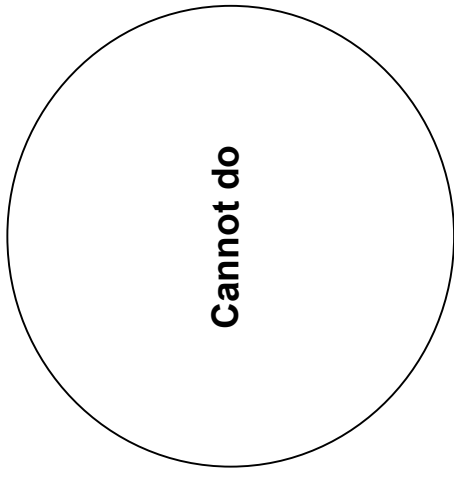
Function Questions For those who use walking devices

The following are questions only for people using canes, walkers, or other walking devices.

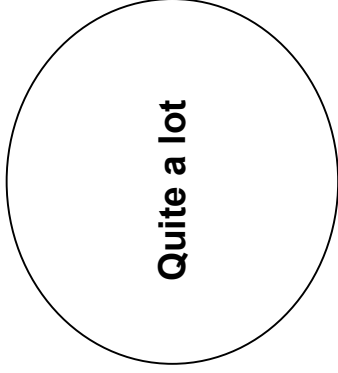
When you use your cane, walker, or other walking device, how much difficulty do you have...?	None	A little	Some	Quite a lot	Cannot do
FD7. Walking a mile, taking rests as necessary	5	4	3	2	1
FD8. Going up & down a flight of stairs outside, without using a handrail	5	4	3	2	1
FD14. Stepping up and down from a curb	5	4	3	2	1
FD15. Opening a heavy, outside door	5	4	3	2	1
FD26. Walking around one floor of your home, taking into consideration thresholds, doors, furniture, and a variety of floor coverings	5	4	3	2	1
FD29. Walking several blocks	5	4	3	2	1
FD30. Taking a 1 mile, brisk walk without stopping to rest	5	4	3	2	1
FD32. Walking on a slippery surface, outdoors	5	4	3	2	1

FUNCTION VISUAL AID #1

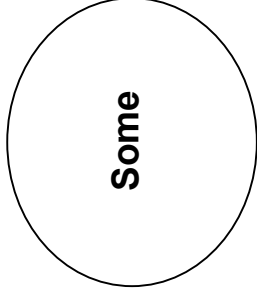
Currently, how much difficulty do you have in doing the activity without the help of someone else, and without the use of a cane, walker or any other assistive walking device?



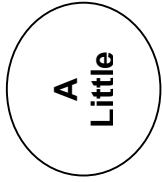
It is so difficult, that you cannot do it unless you have help



You can manage without help, but you have quite a lot of difficulty doing it



You can do it, but you have a moderate amount of difficulty doing it alone



You can do it alone with a little bit of difficulty



None

You have no difficulty doing the activity alone

Factors that may influence your level of difficulty:

- Pain
- Fatigue
- Fear
- Soreness
- Ailments
- Disabilities

FUNCTION VISUAL AID #2 (For users of canes or walkers only)

Currently, how much difficulty do you have in doing the activity when you use your cane, walker, or any other assistive walking device?



None

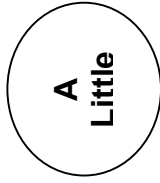
You have no difficulty doing the activity alone

You can do it alone with a little bit of difficulty

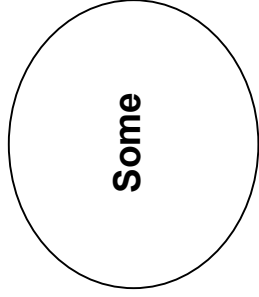
You can do it, but you have a moderate amount of difficulty doing it alone

You can manage without help, but you have quite a lot of difficulty doing it

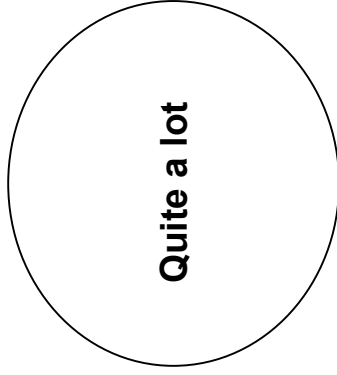
It is so difficult, that you cannot do it unless you have help



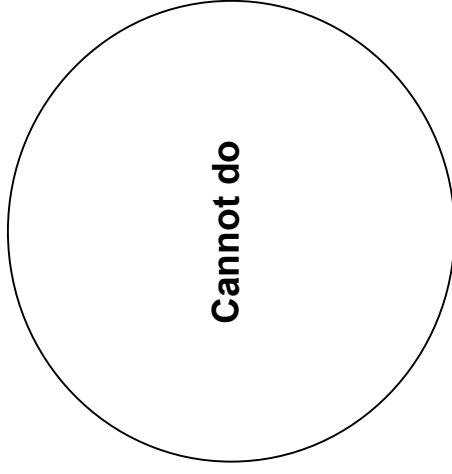
A Little



Some



Quite a lot



Cannot do

Factors that may influence your level of difficulty:

- Pain
- Fatigue
- Fear
- Soreness
- Ailments
- Disabilities