

**Table 12.6** Normal arterial blood pressure at different ages.

Age	Systolic		Diastolic		Age	Systolic		Diastolic	
	Men	Women	Men	Women		Men	Women	Men	Women
1 day .....	70				16 years .....	118	116	73	72
3 days .....	72				17 years .....	121	116	74	72
9 days .....	73				18 years .....	120	116	74	72
3 weeks .....	77				19 years .....	122	115	75	71
3 months .....	86				20-24 years .....	123	116	76	72
6-12 months .....	89	93	60	62	25-29 years .....	125	117	78	74
1 year .....	96	95	66	65	30-34 years .....	126	120	79	75
2 years .....	99	92	64	60	35-39 years .....	127	124	80	78
3 years .....	100	100	67	64	40-44 years .....	129	127	81	80
4 years .....	99	99	65	66	45-49 years .....	130	131	82	82
5 years .....	92	92	62	62	50-54 years .....	135	137	83	84
6 years .....	94	94	64	64	55-59 years .....	138	139	84	84
7 years .....	97	97	65	66	60-64 years .....	142	144	85	85
8 years .....	100	100	67	68	65-69 years .....	143	154	83	85
9 years .....	101	101	68	69	70-74 years .....	145	159	82	85
10 years .....	103	103	69	70	75-79 years .....	146	158	81	84
11 years .....	104	104	70	71	80-84 years .....	145	157	82	83
12 years .....	106	106	71	72	85-89 years .....	145	154	79	82
13 years .....	108	108	72	73	90-94 years .....	145	150	78	79
14 years .....	110	110	73	74	95-106 years .....	145	149	78	81
15 years .....	112	112	75	76					

Data compiled and published in K. Diem and C. Lentner, eds., *Scientific Tables*, Geigy Pharmaceuticals, Division of Ciba-Geigy Corporation, Ardsley, New York, 1975.